



Professional Disclosure Statement

Kristyn Hamblin, LPC

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Philosophy and Approach:

I believe that human beings have inherent worth and acknowledge that sometimes we all need support as we move along our paths. My experiences as a therapist are heavily centered around helping individuals (both adults and children) navigate dealing with stress, anxiety, trauma and/or co-occurring disorders (trauma+ substance use). When working with clients, I utilize a variety of approaches with a strong emphasis on positive psychology, client centered counseling and EMDR to help clients achieve their goals, reduce stress/activation and decrease the negative effects of stress and trauma on their lives and relationships. I ascribe to the idea that individuals are culturally unique. As a result, I work with my client to create a plan for treatment which meets their needs and utilize counseling approaches appropriate for the individual.

Formal Education and Training:

I hold a Master of Science degree in Mental Health Counseling from Capella University. Major course work included classes in human growth and development, addictive and compulsive behavior, child and adolescent counseling and a specialization in general mental health counseling.

I am certified in EMDR and have training in: TRM, Behaviorism, CBT, nCBT, DBT, MRT, AFFIRM, SAP, Positive Psychology, PCIT and Adlerian Psychology.

As a Licensee of the Idaho Licensing Board of Professional Counselors and Marriage and Family Therapists and a licensee of the Oregon Board of Licensed Professional Counselors and Therapists, I abide by both of their Code of Ethics and the ethics of the American Counseling Association. To maintain my license, I am required to participate in continuing education, and take classes dealing with subjects relevant to this profession.

Fees: Lake View Counseling charges \$155/ 50 min hour for private pay clients. Lake View will also provide services to Oregon Health Plan members whose fees are covered under the plan, and accept private insurance.

As a client of an Oregon licensee, you have the following rights:

- To expect that a licensee has met the qualifications of training and experience required by state law;

- To examine public records maintained by the Board to have the Board confirm the credentials of a licensee;
- To obtain a copy of the Code of Ethics (Oregon Administrative Rules 833-100);
- To report complaints to the Board;
- To be informed of the cost of professional services before receiving the services;
- To be assured of privacy and confidentiality while receiving services as defined by rule or law, with the following exceptions: 1) Reporting suspected child abuse; 2) Reporting imminent danger to you or others; 3) Reporting information required in court proceedings or by your insurance company, or other relevant agencies; 4) Providing information concerning licensee case consultation or supervision; 5) Defending claims brought by you against me;
- To be free from discrimination because of age, color, culture, disability, ethnicity, national origin, gender, race, religion, sexual orientation, marital status, or socioeconomic status.

You may contact the Board of Licensed Professional Counselors and Therapists at

3218 Pringle Rd SE, #120, Salem, OR 97302-6312

Telephone: (503) 378-5499 **Email:** lpct.board@state.or.us **Website:** lpct.board@oregon.gov

For additional information about this counselor or therapist, consult the Board's website.

Signature of client _____ Date _____

Client number _____